

## Inherent Risks and Assumption of Risk.

Participants of True Balance PLLC acknowledges there are inherent risks associated with equine activities such as described below and hereby expressly assumes all risks associated with participating in such activities. The inherent risks include, but are not limited to:

1. the propensity of equines to behave in ways such as, running, bucking biting, kicking, shying, stumbling, rearing, falling or stepping on, that may result in an injury, harm or death to persons on or around them
  2. the unpredictability of equine's reaction to such things as sounds, being closed in by human body or objects, interpretation of threats, sudden movement and unfamiliar objects, persons or other animals; certain hazards such as surface and subsurface conditions; collisions with other animals
  3. the limited availability of emergency medical care
  4. and the potential of a participant to act in a negligent manner that may contribute to injury to the participant or others, such as failing to maintain control over the animal or not acting within such participant's ability.
5. Participant acknowledges that horses, by their very nature are unpredictable and subject to animal whim.

Participant assumes all risks in connection therewith, and expressly waives any claims for any injury or loss arising there-from, including death or dismemberment. Participant agrees to abide by and follow the barn's rules and regulations, which shall be posted and/or available on request further acknowledges that the behavior of any animal is contingent to some extent upon the ability of Participant. Participant assumes all risks.

Participant agrees to hold harmless, indemnify and defend against, and hold harmless from, any and all claims, demands, causes of action, damages, judgments, orders, costs or expenses, including attorney's fees, whether actually incurred or not, which may in any way arise from or be in any way connected with Participant's use of or presence upon the property of True Balance PLLC, instructors, therapists, volunteers and/or Employees and the facilities located thereon.